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tw telecom Extends Portland Area Network into Tualatin and Lake Oswego Business Districts

- *Network extension provides easier access to more than 1000 additional businesses*
- *Body Imaging Radiology and Pacific Breast Center to access **tw telecom's** local and national network*

PORTLAND, Ore. – March 24, 2009 - **tw telecom**, (NASDAQ: TWTC), a leading provider of managed voice, Internet and data networking solutions for businesses, today announced the extension of its existing network into Tualatin and Lake Oswego, including the Kruse Way business district. This extension allows more than 1000 businesses along the south I-5 corridor easier access to **tw telecom's** more than 250-mile Portland-area network as well as the company's nearly 27,000 fiber route-mile national network.

"When our connection to **tw telecom's** network is complete, our new Pacific Breast Center in Lake Oswego will have instant access to our Beaverton location and our healthcare partners throughout Portland," said Scot Robinson, IT Director for Body Imaging Radiology and Pacific Breast Center in Lake Oswego. "Everyday our doctors read hundreds of medical images that we create, or are sent to us by our healthcare partners, so a reliable and high-capacity network is critical in supporting referring physicians and patients. Body Imaging Radiology and Pacific Breast Center's mission is to support our customers as efficiently and quickly as possible."

Body Imaging Radiology and Pacific Breast Center contracted for a 100 Mbps Ethernet transport connection and Ethernet Internet services (EIS).

Body Imaging Radiology and Pacific Breast Center are two of the many healthcare providers that **tw telecom** serves throughout the Portland area over its 10 Gbps Ethernet-based metro fiber network designed to securely transport critical data, Internet and voice traffic. Businesses, healthcare providers and educational institutions will benefit from **tw telecom's** investment in its Portland infrastructure that makes scalable, flexible and efficient communications solutions much more accessible.

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“We continue to see significant customer growth throughout the Portland area,” said Jon Nicholson, vice president and general manager for **tw telecom** in Portland. “We transport hundreds of gigabits of customer sensitive data every second, while enabling them to securely and efficiently meet their business objectives. This investment in the Portland network gives customers in Lake Oswego and Tualatin a premium alternative for communications services that will help them increase their capabilities, while at the same time reduce their overall communications expense.”

About tw telecom

tw telecom holdings inc., a unit of **tw telecom inc.**, headquartered in Littleton, Colo., provides managed network services, specializing in Ethernet and transport data networking, Internet access, local and long distance voice, VoIP, VPN and security, to enterprise organizations and communications services companies throughout the U.S. As a leading provider of integrated and converged network solutions, **tw telecom** delivers customers overall economic value, quality, service, and improved business productivity. Please visit www.twtelecom.com for more information.

About Body Imaging Radiology and Pacific Breast Center

Body Imaging Radiology has served the Portland Metro, Beaverton, Hillsboro, and outlying communities since 1978. The goal of both of our facilities is to provide the best diagnostic imaging possible, while never losing sight of the fact that our patients are human beings. We are committed to making your experience as comfortable as possible. Body Imaging Radiology services include: General X-Ray/Fluoroscopy, Digital Mammography, Short bore, High field MRI scanning, Helical Multi-detector, high speed CT scanning, 3 dimensional reconstruction workstation, Therapeutic/Diagnostic Pain Management injections, Bone density screening and Ultrasound. Pacific Breast Center services include: a full spectrum, using state of the art digital mammography equipment, high resolution Ultrasound, Breast MRI, BSGI (Breast Specific Gamma Imaging) and Image guided needle breast biopsies. *Women who visit our center for their mammograms, will receive their results the same day.* Please visit www.bodyimagingradiology.com or www.pacificbreastcenter.com for more information.

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